

Club Values

- **Community:** We are a family that treats each other with respect, regardless of our differences. We are honest with ourselves and with each other, and we take responsibility for our actions and our words. We are grateful for the opportunities we have and the people who support us.
- **Competition:** We strive to win, but we also play with sportsmanship and fair play. We never give up on our goals, and we persevere through challenges.
- **Commitment:** We are dedicated to our players, our coaches, and our community. We work hard to improve our skills and our teamwork, and we communicate effectively with each other, both on and off the court.
- **Consistency:** We are consistent in our values and our actions. We are always striving to be better, both as individuals and as a team.
- **Communication:** We communicate effectively with each other, both on and off the court. We listen to each other's ideas and feedback, and we work together to solve problems.

The Cornerstones of Team Practice

1. **Love** - Do the best you can do with what you have for your fellow teammate and yourself.
2. **Honesty** - Be honest to yourself, your teammates, your coaches and the game.
3. **Respect** - Respect what you have, who you have and what you're doing.
4. **Fun** - Have fun being challenged, making mistakes and being creative with the game.